

# Monroeville Community Resources

Your guide to food, housing, transportation, and other services



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# LOCAL RESOURCES

Monroeville Public Library

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## HOTLINES

### 24 hr. Emergency Hotlines

Suicide & Crisis Lifeline -----	988
Center for Victims -----	1-866-644-2882
Child Abuse - Childline -----	412-473-2000
Narcotics/Alcoholics Anonymous – Pittsburgh -----	412-471-7472
National Domestic Violence -----	1-800-799-7233
Older Adult Protective Services -----	412-350-6905
Pittsburgh’s Action Against Rape -----	1-866-363-7273
National Sexual Assault Hotline -----	1-800-656-4673
Resolve Crisis Network -----	1-888-796-8226
Women’s Center and Shelter -----	412-687-8005

### Other Numbers:

Allegheny County Peer Support Warmline -----	1-866-661-9276
Allegheny Link for Housing/Homelessness -----	1-866-730-2368
Pittsburgh Community Food Bank -----	412-460-3663

**Talk with a Resource Specialist**

**24/7 Southwest PA United Way Resource Hotline: 2-1-1**

**Internet search help for resources in your community: [www.pa211.org](http://www.pa211.org)**

## ADDICTION/SUBSTANCE USE

**In the event of an overdose, call 9-1-1.**

Substance Abuse & Mental Health Services Administration National Helpline: **1-800-662-4357**

U.S. Department of Health and Human Services Poison Help Hotline: **1-800-222-1222**

Allegheny County Office of Behavioral Health: Bureau of Drug and Alcohol Services

One Smithfield Street, Suite 300 Pittsburgh, PA 15222

Phone: 412-325-7550

Weekdays: 8:30 am - 4:30 pm

Department of Drug & Alcohol Programs 24/7 Crisis Hotline: 1-800-662-4357

Gateway Rehabilitation Center: Largest drug rehab and addiction recovery network in the greater Pittsburgh region. Provides prevention, treatment, education and research of substance abuse and alcoholism.

Toll-free Get Help Now Line: 1-800-472-1177

Main Office Phone: 412-604-8900

Jade Wellness Center: Provides a comprehensive variety of individualized, flexible drug and alcohol outpatient treatment options for adults, adolescents, and families struggling with chemical dependency issues at all stages of the addiction process.

Monroeville Location: 4105 Monroeville Blvd., Monroeville, PA 15146

Phone: 412-380-0100 ext. 2

Narcotics Anonymous/Alcoholics Anonymous Meetings

24-hour hotline you can call to talk to someone immediately: 412-471-7472

Overdose-Free PA: A partnership of PA communities to fight the opioid overdose crisis.

Any resident of PA can legally purchase naloxone at any pharmacy.

Call 412-209-2274 if your nearest pharmacy doesn't carry it

Pennsylvania Department of Drug and Alcohol Programs' (DDAP): Find resources and treatment centers in Allegheny County.

24/7 Get Help Now Hotline: 1-800-662-4357

Text: 717-216-0905

Prevention Point Pittsburgh: The only county approved syringe exchange program in SWPA.

Phone: 412-247-3404

Recovery Centers of America (Monroeville): Inclusive of drug and alcohol detox, inpatient addiction treatment, and outpatient treatment (offered both in-person and via teletherapy).

2380 McGinley Road, Monroeville, PA 15146

Phone: 1-833-975-3954

Hotline: 1-800-RECOVERY

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## DISABILITY SERVICES

Report abuse of adults with disabilities, call Adult Protective Services Hotline: **1-800-490-8505**

Access: Coordinated, shared-ride paratransit service for all of Allegheny County.

Phone: 412-562-5353

Center for Hearing and Deaf Services: An organization that provides services for those who are deaf, hard of hearing, or have other communications needs.

1945 Fifth Avenue, Pittsburgh, PA 15219-5543

Phone: 412-281-1375

Department of Human Services - Intellectual & Developmental Disability Services: Provides services including case management, mobility training, employment training, and opportunities and adult day care.

Customer Service: 1-888-565-9435 / TTY: 1-866-388-1114

Disability Options Network (DON): Center for Independent Living and supports people with disabilities to live as independently as they choose.

12140 Frankstown Rd., Pittsburgh, PA 15235

Phone: 724-856-4211

Disability Rights of PA : Help with disability-related problems in employment, education, housing, access to facilities and programs, or have experienced abuse, neglect, or discrimination.

Pittsburgh Office: 429 Fourth Avenue, Suite 1404 Pittsburgh, PA 15219

Phone: 412-391-5225

Call Live intake: 800-692-7443

Milestone: Non-profit, community-based human services agency focused on supporting the needs of individuals with behavioral health challenges, intellectual and developmental disabilities. Includes multiple locations.

Garden City Senior Center Location: 502 Laurel Drive, Monroeville, PA 15146

Phone: 412-646-5062

Day Program for older adults with developmental disabilities.

Monroeville Office: 777 Penn Center Blvd., Suite 200 Pittsburgh, PA 15235

Phone: 412-731-9707

Outpatient Therapy.

Office of the Deaf and Hard of Hearing: Offers a variety of services, resources, interpreters, and legal information to those who are deaf, deaf-blind, or hard of hearing.

Phone: 717-783-4912 v/TTY

Videophone: 717-831-1928

PA Bureau of Disability Determination: State agency that assists the Social Security Administration in determining whether disabled PA citizens are eligible for benefits.

Phone: 1-800-772-1409

Pennsylvania MENTOR/Sevita: Community-based services to Adults and Children with intellectual and developmental disabilities, brain and spinal cord injuries, youth with emotional, behavioral, and medically complex challenges.

Monroeville Location: 2526 Monroeville Blvd., Monroeville, PA 15146

Phone: 412-646-1113

Travelers Aid: Non-profit, United Way agency which provides social service programs to individuals in need of transit assistance.

343 Boulevard of the Allies, Pittsburgh, PA 15222

Phone: 412-281-5474

Railing-Hailing Service: 412-436-9621

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## EMPLOYMENT

Express Employment Professionals: Employment agency with multiple locations around Pittsburgh.

East Pittsburgh Location: 21 Yost Blvd., Suite 156, Pittsburgh, PA 15221

Phone: 412-349-8228

Human Services Center Mon Valley: Supports for Success program provides participants with one-on-one case management, employment and education support services, resources, and referrals.

519 Penn Avenue, Turtle Creek, PA 15145

Phone: 412-829-7112

Google Voice: 412-436-9537

Mon Valley Initiative: Help families and individuals in three areas: employment, financial capability, and access to public benefits. Provide: referrals to training and educational opportunities, resume creation and job-interview practice sessions, advice for people with criminal backgrounds, and career planning.

305 E. 8th Ave., Homestead, PA 15120

Phone: 412-464-4000

PA Department of Labor & Industry: Job Searching, Individual Services, Disability Services, Employer Services, and Unemployment.

Phone: 717-787-5279

Email: dlipress@pa.gov

PA Office Of Unemployment Compensation: Unemployment Compensation (UC), Federal CARES Act, and more.

UC Virtual assistance: 1-833-755-0882  
UC Customer Service Line: 1-888-313-7284  
Videophone Service for ASL Users: 717-704-8474  
PA Fraud Hotline: 800-692-7469  
Email: [UChelp@pa.gov](mailto:UChelp@pa.gov)

Pennsylvania Careerlink - Pittsburgh: Provides career services to individuals, employers, and training providers. Services include online workshops, job resources, career counseling, job search assistance, and more.

Allegheny East Location: 300 Penn Center Blvd, Floor #8, Pittsburgh, PA 15235  
Downtown Pittsburgh Location: 914 Penn Ave, 6th floor Pittsburgh, PA 15222  
Phone: 412-248-5627  
Email: [info.allegheny@careerlinkpittsburgh.org](mailto:info.allegheny@careerlinkpittsburgh.org)

Bureau of Workers' Compensation: Disability compensation programs which provide for workers (or their dependents) who are injured at work.

PA Toll-free Information Services Helpline: 1-800-482-2383  
Local/outside PA Phone: 717-772-4447

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## **FAMILY SUPPORT (PREGNANCY/CHILD SERVICES)**

**\*\* To report suspected child abuse call Childline at 1-800-932-0313\*\***

Angel's Place (Swissvale): provides comprehensive services to low-income single parents who are full-time students in high school or post-secondary school. Provide free childcare, tutoring, support groups, counseling, and informal classes in parenting skills.

Swissvale location: 2538 Woodstock Avenue, Pittsburgh, PA 15218  
Phone: 412-271-2229  
Email: [info@angelsplaceph.org](mailto:info@angelsplaceph.org)

Family Centers – Allegheny County: (multiple locations across Allegheny County): offer education programs, childcare, parenting support groups, home visits, advocacy, social service benefits, physical health and more.

Penn Hills location: 10 Duff Rd., Penn Hills, PA 15235  
Phone: 412-894-9222  
Turtle Creek location: 208 Penn Plaza Shopping Center, Turtle Creek, PA 15145  
Phone: 412-823-2060

Healthy Start Pittsburgh (Point Breeze): services include prenatal/postpartum services, community education, health literacy, counseling, and resource access.

400 North Lexington St., Pittsburgh, PA 15208

Office Phone: 412 247-4009

Email: email@hsipgh.org

Jeremiah's Place of Pittsburgh (East Liberty/Larimer): 24/7 free emergency childcare. Note: not a drop off center, you need to schedule an intake before any services are provided.

6435 Frankstown Ave, Pittsburgh, PA 15206

Phone: 412-924-0726

Jewish Community Center (Squirrel Hill): Provides fun and enriching programs and opportunities that foster children, teens and their families as they grow. Offer numerous different childcare programs, after-school programs, daycare, and classes for children of many different age ranges.

5738 Forbes Avenue, Pittsburgh, PA 15217

Phone: 412-521-8010

Love and Bright Beginnings Childcare (Monroeville): Childcare service for children 6 weeks to 12 years. Offer early Head start and Head start to parents that qualify and provide all meals for early Head start and Head start children. Also accept ELRC.

Location 1: 206 Monroe St, Monroeville, PA 15146

Phone: 412-646-4615

Location 2: 610 Beatty Rd, Monroeville, PA 15146

Phone: 412-717-4615

Planned Parenthood (Downtown): Comprehensive healthcare, information on human sexuality and responsible family planning.

933 Liberty Avenue Pittsburgh, PA 15222

Phone: 412-434-8957

Confidential text-line: 412-424-6827

Tender Care Learning Center (multiple locations across Allegheny County): Early education program that has programs for infants, toddlers, pre-school and school age children.

Monroeville Location: 4420 Old Wm. Penn Hwy Monroeville, PA 15146

Phone: 412-379-6868

Email: mon@tendercarelc.org

Murrysville Location: 4490 Old William Penn Hwy., Murrysville, PA 15668

Phone: 724-551-8009

Email: mur@tendercarelc.org

Women's Choice Network (Monroeville): Provide evidence-based information, cost-free services, and practical support to women and families experiencing an unexpected or unsupported pregnancy. Call or schedule an appointment online.

4075 Monroeville Blvd., Bldg. 2, Suite 222, Monroeville, PA 15146

Phone: 412-373-2775

YWCA of Greater Pittsburgh: Provides referral services to help parents make informed childcare choices and provides subsidies to eligible parents

Downtown Location: 2313 E Carson St. 2nd Floor, Pittsburgh, PA 15203

Phone: 412-391-5100

Homewood Location: 6907 Frankstown Avenue, Pittsburgh, PA 15208

Phone: 412-361-6433

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## FINANCIAL SUPPORT

Allegheny County Assistance Office: Services include Supplemental Nutrition Assistance Program, Cash Assistance, Health Care Coverage, Home Heating Assistance, Family Planning Service, Childcare Help, School Meals, and Long-Term Living Services

301 5th Avenue, Suite 470 Pittsburgh, PA 15222

Phone: 412-565-2146

Catholic Charities of the Diocese of Pittsburgh: Services include basics needs assistance, short term financial assistance, housing/homelessness assistance, senior services, and referrals

111 Boulevard of the Allies Pittsburgh, PA 15222

Phone: 412-456-6999

Free Tax Preparation Coalition: Through United Way and tax season, it has several locations throughout Allegheny County. Call to determine eligibility.

Phone: hotline 2-1-1

Text your zip code: 898-211

Website: MyFreeTaxes.com

Human Services Center Corporation: Financial Education Program provides community workshops to increase the financial knowledge and skills of Mon Valley residents. Skills in areas such as budgeting, savings, credit, banking, and taxes. Also, partner with United Way's Free Tax Prep (FTP) Coalition. Individuals and families on a low-income or fixed budget may be eligible to have their federal, state, and local taxes done for free

519 Penn Avenue, Turtle Creek, PA 15145

Phone: 412-829-7112

Google Voice: 412-436-9537

Mon Valley Initiative: Help families and individuals in three areas: employment, financial capability and access to public benefits. Financial Opportunity Center provides one-on-one coaching for people who have bad credit or no credit, or who need help managing their family finances, including advice on how to navigate banks and other financial services.

305 E. 8th Ave., Homestead, PA 15120  
Phone: 412-464-4000

PA Tax Forgiveness Program: Workers below a certain income level can get tax money back from the state or have their tax liabilities forgiven if no PA tax was withheld. To apply, you must file the state income tax form (PA-40) and include PA Schedule SP.

PA Department of Revenue: 717-787-8201

Southwestern PA Legal Services' Low Income Taxpayer Clinic: Assists low-income individuals who have a tax dispute with the IRS.

10 West Cherry Avenue, Washington, PA 15301  
Phone: 1-800-846-0871  
Website: PATaxHelp.org

Taxpayer Advocate Service: If you're experiencing problems with the Internal Revenue Service, you may be able to get help from the Taxpayer Advocate Service.

1000 Liberty Ave. Room 1400, Pittsburgh, PA 15222  
Phone: 412-404-9098  
Email: tas.pa.pittsburgh@irs.gov

Temporary Assistance for Needy Families (TANF): Government program that provides families with financial assistance and related support services.

Phone: 1-800-692-7462

University of Pittsburgh Law Legal Clinics: provides free civil legal services to the community while training law students through hands-on experience.

Intake line: 412-648-1300

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## FOOD

Community Food Bank Drive-Up Distribution (Monroeville): The Greater Pittsburgh Community Food Bank distribution that is held once a month at Gateway High School. Includes vegetarian options.

3000 Gateway Campus Blvd, Monroeville, PA 15146  
2<sup>nd</sup> Wednesday of the month, 6:00pm – 8:00pm

Cross Roads Presbyterian Church Food Pantry (Monroeville): Partner with the Greater Pittsburgh Community Food Bank. Distribution by appointment.

2310 Haymaker Road, Monroeville, PA 15146

Phone: 412-372-2311

Distribution by appointment: Friday 9:00am – 12:00pm

1 order every 8 weeks

East End Cooperative Ministry Food Pantry (East Liberty Area): In addition to providing emergency groceries and supplies, they also offer information on assistance programs and access to social service agencies.

6140 Station Street, Pittsburgh, PA 15206

Phone: 412-345-7141

Email: cfs@eecom.org

Food Pantry: Mon-Fri – 8:30am to 10:30am & 11:30am to 1:30pm (Entrance C)

Community Lunches: 12pm – 1pm (Entrance G)

Garden City United Methodist Church Food Pantry (Monroeville): helps provide much needed food and supplies for our community members in need. Also provides food for families who find themselves in emergency situations.

500 Laurel Drive, Monroeville, PA 15146

Phone: 412-373-0391

Distribution: 2<sup>nd</sup> Thursday of the month, 9:00am – 11:00am & 6:00pm – 7:00pm

Outdoor Pantry: Open 24/7

Greater Pittsburgh Community Food Bank (Duquesne): They provide produce to families, offer weekend meals to school-age children, and have a mobile farmers' market that travels to areas experiencing food deserts.

1 N. Linden St. Duquesne, PA 15110

Phone number: 412-460-3663

Greater Pittsburgh Infant Formula Bank (Multiple locations): a resource to support families in need of baby formula during a personal, situational, or financial emergency/crisis. We have public sites throughout Allegheny and Westmoreland counties, and we have a mobile unit. You can visit any of the public sites regardless of your physical location.

Beverly's Birthdays Headquarters: 11065 Parker Dr, N. Huntingdon, PA 15642

Phone: 724-590-5106

Email: [getinvolved@beverlyspgh.org](mailto:getinvolved@beverlyspgh.org)

The Homewood Family Center & Early Learning Hub: 7219 Kelly St,

Pittsburgh, PA 15208

Phone: 412-545-5039

The McKeesport Family Center: 339 5<sup>th</sup> Ave, McKeesport, PA 15132

Phone: 412-672-6970

Just Harvest (Southside): a nonprofit organization that reduces hunger through sustainable, long-term approaches. Free help with SNAP Applications, Welfare Advocacy, Eligibility Determination Free Tax Preparation, and more.

Address: 317 East Carson St. Suite 153, Pittsburgh, PA 15219

Phone: 412-431-8960

SNAP/Food Stamps Helpline: 412-431-8960, option 3

Monroeville Assembly of God Food Bank – The Fold: (Penn Hills location): Food assistance to church attendees and residents of Monroeville, Plum, and Penn Hills residents. Open to anyone in need of food assistance, no requirements needed.

Food Bank: 4<sup>th</sup> Friday of the month – 11:00am & 6:00pm

11817 Frankstown Rd., Penn Hills, PA 15235

Phone: 412-856-7900

Email: [contact@maog.org](mailto:contact@maog.org)

Rainbow Kitchen (Homestead): Focus includes Anti-Hunger Programs, Case Management, and Support Services – including crisis assistance. Programs include free weekday breakfast, the Rainbow Kitchen Food Pantry, the Kids Cafe, Winter Coat Distribution, Food Stamp Eligibility Screenings and more. The food pantry serves residents of Homestead, West Homestead, Munhall, Duquesne, Whitaker, and West Mifflin.

135 East 9th Avenue, Homestead, PA 15120

Phone: 412-464-1892

Email: [info@rainbowkitchen.org](mailto:info@rainbowkitchen.org)

Food Pantry: by appointment only

Breakfast program: Mon-Fri, 9:30am – 10:30am

Reclamation Food Pantry - for residents of the Monroeville, Pitcairn and Trafford areas.

2456 Tilbrook Rd, Monroeville, PA 15146

Phone: 412-376-9350

Distribution: Every 2<sup>nd</sup> & 4<sup>th</sup> Saturday – 9:00am – 12:00pm

Salvation Army (Western PA Division): Help with food insecurity, basic needs, utility assistance, etc.

Closest: 700 N. Bell Avenue, Carnegie, PA 15106

Phone: (412) 446-1500

Supplemental Nutrition Assistance Program (SNAP): Also known as “food stamps”, people in eligible households can obtain an electronic benefit transfer access card to make purchases at grocery stores and supermarkets.

SNAP Helpline: 1-800-221-5689

Women, Infants, and Children Program (WIC): Health and nutrition services for medically or nutritionally at-risk mothers/children. Multiple in-person locations.

2121 Noblestown Road, Suite 210 Pittsburgh, PA 15205

Phone: 412-530-5801

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## HEALTH/MEDICAL

Medicaid: US government program providing medical coverage to those experiencing low-income.

PA Medicaid Agency Phone: 1-866-550-4355

Medicare: US government program providing medical coverage to people 65 or older.

Phone: 1-800-633-4277 / TTY: 1-877-486-2048

Children's Health Insurance Program (CHIP): Program to provide health insurance to uninsured children and teens who are not eligible to enroll in Medical Assistance.

Phone: 1-800-318-2596 / TTY: 1-855-889-4325

Free Clinic at Braddock (Braddock): Must be 18 years old and have no health insurance. Call for their full list of services.

415 6th St., Braddock, PA 15104

Phone: 412-723-2086

Hours: Sat & Sun – 9:30am – 2:00 pm

Metro Community Health Center (Braddock/Swissvale): Committed to whole-person care in which they care for physical and mental health. Accept all patients regardless of identity, income, insurance, and ability to pay. Also, accepts same day appointments.

1789 South Braddock Avenue, Suite 410, Pittsburgh, PA 15218

Phone: 412-247-2310

Mon, Thurs, Fri: 8:30am – 4:30pm / Tues, Wed: 8:30am – 7:00pm

Pennsylvania Health Law Project (Southside): Provides information and counseling to individuals with Medicaid, Medicare, and CHIP.

100 Fifth Ave., Suite 900, Pittsburgh, PA 15222

Phone: 412-434-4728

Email: staff@phlp.org

Planned Parenthood (Downtown): Their mission is to provide comprehensive healthcare to those in need of services, provide information on human sexuality, and responsible family planning.

933 Liberty Avenue Pittsburgh, PA 15222

Phone: 412-434-8957

Confidential text-line: 412-424-6827

Sheep Inc. Health Care Center (Multiple locations): A faith-based, free medical center that provides healthcare to those without insurance and their families.

Phone: 412-310-0062

Monroeville location: 2456 Tilbrook Rd, Monroeville, PA 15146

Tuesday: 5:00pm – 8:00pm / 1<sup>st</sup> & 3<sup>rd</sup> Saturday: 9:00am – 12:00pm

Email: sheepincrcc@gmail.com

Penn Hills location: 11817 Frankstown Rd, Penn Hills, PA 15235

Thursday: 5:45pm – 8:30pm / 2<sup>nd</sup> & 4<sup>th</sup> Saturday: 9:30am – 12:00pm

Email: contact@sleepinclinic.org

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## HOUSING/HOMELESSNESS

*Call Allegheny Link for connection to all shelters and housing assistance (many shelters and programs require an Allegheny Link assessment prior to contacting the agency): 866-730-2368*

Action Housing Inc (Downtown): Nonprofit that serves the community through a variety of programs focused on providing safe and affordable housing.

Main Office: 611 William Penn Place, Suite 800. Pittsburgh, PA 15219

Phone: 412-281-2102

Email: ahi@actionhousing.org

Supportive Housing Management Services: 5824 Forward Ave, Pittsburgh, PA 15217

Phone: 412-829-3910

Email: shms@shms-actionhousing.org

Allegheny County Housing Authority (McKees Rocks): Provides safe and sanitary housing to low-income families in a variety of neighborhoods in Allegheny County. Connects residents to social, medical, educational, and recreational activities.

301 Chartiers Avenue, McKees Rocks, PA 15136

Phone: 412-355-8940 / TTY: 800-833-5833

Allegheny Link: For connection to shelters and housing assistance, many shelters and programs require an Allegheny Link assessment prior to contacting individual agencies.

One Smithfield Street, Pittsburgh, PA 15222

Phone: 866-730-2368

Bethlehem Haven (Downtown): Provides temporary shelter for women experiencing homelessness, emergency shelter, medical respite, permanent supportive housing and more.

Fifth Avenue Commons, 905 Watson Street, Pittsburgh, PA 15219

Phone: 412-391-1348

Email: info@bethlehemhaven.org

The Big Burgh: Mobile-optimized web site that pulls together the services that can help the homeless (or those at risk of being homeless) in the City of Pittsburgh.

Website: [www.bigburgh.com](http://www.bigburgh.com)

Community Human Services (Downtown): Assist individuals and families in a housing crisis obtain and remain in housing, will serve anyone 18+ in Allegheny County.

2525 Liberty Avenue, Pittsburgh, PA 15222

Phone: 412-246-1600

Email: [info@chscorp.org](mailto:info@chscorp.org)

East End Cooperative Ministry (East Liberty): An interfaith ministry dedicated to helping vulnerable adults and at-risk youth.

6140 Station Street Pittsburgh, PA 15206

Phone: 412-361-5549

Emergency Shelter: Contact for information & openings

Phone: 412-345-7135

Email: [emergencysshelter@eecm.org](mailto:emergencysshelter@eecm.org)

Recovery House: Contact for information

Phone: 412-345-7160

Email: [recoveryhouse@eecm.org](mailto:recoveryhouse@eecm.org)

Housing Authority of the City of Pittsburgh (Downtown): Provides housing opportunities for residents of Pittsburgh.

412 Boulevard of the Allies, Pittsburgh, PA 15219

Phone: 412-456-5000

Three Rivers Youth (East Liberty): A shelter and housing program for homeless youth, runaways and youth with mental health concerns.

6117 Broad Street Pittsburgh, PA 15206

Phone: 412-441-5020

Email: [info@threeriversyouth.org](mailto:info@threeriversyouth.org)

Urban League of Greater Pittsburgh (Downtown): Emergency rental assistance and cash grants as part of the Housing Assistance Program.

332 Fifth Avenue, Fourth Floor Pittsburgh, PA 15222

Phone: 412-227-4802

Email: [chiefadmin@ulpgh.org](mailto:chiefadmin@ulpgh.org)

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## IMMIGRANT/REFUGEE SERVICES

Alliance for Refugee Youth Support and Education (ARYSE): Supports immigrant and refugee youth to become prepared, engaged, and confident members of the Greater Pittsburgh community.

710 Fifth Ave Ste 2100 Pittsburgh, PA 15219

Email: [info@arysepgh.org](mailto:info@arysepgh.org)

Casa San Jose (Pittsburgh) A Latinx resource and welcome center. Provides legal support and social services for children, youth and families, case management, assist with DACA renewals, youth mentoring, and service coordination.

Phone: 412-343-3111

Email: [info@casasanjose.org](mailto:info@casasanjose.org)

PO Box: 7918 Pittsburgh, PA 15216

Immigrant Services and Connections - ISAC Pittsburgh: 5 agency partnership that helps with food access, housing, utilities, school, healthcare, immigration papers, social welfare, employment, service coordination, and information.

Phone: 412-742-4200

Email: [isac@jfcspgh.org](mailto:isac@jfcspgh.org)

Jewish Family and Community Services - Refugee and Immigrant Services (Squirrel Hill): Support immigrants and refugees with resettlement, employment services and more. By appointment only.

5743 Bartlett Street, Pittsburgh, PA 15217

Phone: 412-422-7200

Hours: Mon – Fri: 9:00am - 5:00pm

Latino Community Center (Downtown): non-profit organization that supports the growing Latino community in Allegheny County. Offer education programs, community health, case management, and resource connection.

5750 Baum Blvd., 2<sup>nd</sup> Floor, Pittsburgh, PA 15206

Phone 412-335-7446

Email: [info@latinocommunitycenter.org](mailto:info@latinocommunitycenter.org)

Literacy Pittsburgh (Downtown): English as a second language classes, citizenship classes, immigration services and connections, family literacy, intergenerational tutoring help and more

411 Seventh Avenue Suite 525 Pittsburgh, PA 15219

Phone: 412-393-7600

Email: [info@literacypittsburgh.org](mailto:info@literacypittsburgh.org)

Pennsylvania Women Work - Refugee and Immigrant Services for Employment (Downtown): Career development program for immigrants, refugees, and asylees. Offers individualized career services, support in transferring professional skills, and introductions to employers.

5607 Baum Blvd., Suite 333, Pittsburgh, PA 15206

Phone: 412-742-4362

Email: info@pawomenwork.org

U.S. Citizenship & Immigration Services (Pittsburgh): Provides interviews for all non-asylum cases (for example, getting a Green Card); naturalization ceremonies; and appointments for information and applicant services that supplement what are provided through our website and by phone. Appointment required.

Penn Center East, Building 7, 777 Penn Center Blvd., Suite 600, Pittsburgh, PA 15235

Phone: 1-800-375-5283 / TTY: 1-800-767-1833

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## LEGAL

Allegheny County Bar Foundation - Pro Bono Center: Services include child custody, child support, civil rights, bankruptcy, disabilities, health, disaster, divorce, education, older adults, employment, general legal services, homelessness, immigration, public benefits, taxes, wills, and more.

400 Koppers Building, 436 Seventh Avenue, Pittsburgh, PA 15219

Phone: 412-402-6677

Lawyer Referral Service - 412-261-5555

Pennsylvania SeniorLaw Helpline: 1-877-727-7529

American Civil Liberties Union - ACLU PA (Pittsburgh Office): A private non-profit organization dedicated to protecting civil liberties and civil rights. Help with immigrants' rights, LGBTQ rights, voting rights, reproductive freedom, first amendment rights, bail, inability to pay fines and more.

249 Fort Pitt Blvd., Pittsburgh, PA 15222

Phone: 412-681-7736

Email: pghinfo@aclupa.org

Neighborhood Legal Services: Non-profit, public interest law firm providing civil legal assistance to vulnerable and low-income residents. Help with debt, fraud, disability, domestic violence, custody, divorce, education, elder issues, employment, veterans' issues, and housing.

928 Penn Avenue, Pittsburgh, PA 15222

Phone: 412-255-6700

Toll-free: 866-761-6572

Disability Rights PA (Pittsburgh Office): A non-profit statewide public interest law firm that provides legal assistance and other services. Operate a toll-free intake system available to all Pennsylvanians, providing legal advice, advocacy, and/or information and referral services.

429 Fourth Avenue, Suite 1404, Pittsburgh, PA 15219

Phone: 412-391-5225

Women's Center & Shelter - Legal Advocacy and Civil Law Project: Provide free confidential support to help navigate the legal system, services and advocacy to those who have experienced domestic violence, safety planning, explanation of available options and more

Legal Advocates: 412-355-7400 ext. 5

Women's Shelter 24 hr. Hotline: 412-687-8005

Text: 412-744-8445

Pennsylvania Health Law Project: Assists in obtaining access to healthcare and helps monitor the quality of care and service given at various health care programs.

100 Fifth St., Suite 900, Pittsburgh, PA 15222

Phone: 412-434-4728

Statewide Toll-free Hotline: 800-274-3528

Email: [staff@phlp.org](mailto:staff@phlp.org)

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## LGBTQIA+

Allies for Health + Wellbeing (East Liberty): Pittsburgh-based nonprofit that empowers individuals and communities through high-quality integrated medical care and supportive human services. Our services are open to everyone, and we specialize in HIV, hepatitis C, and STI testing and care, gender-affirming care, and inclusive primary care.

5913 Penn Ave, Pittsburgh, PA 15206

Phone: 412-345-7456

Parents, Families and Friends of Lesbians and Gays (PFLAG Pittsburgh): Provides resources, advocacy, education for the LGBTQ community, and offer support groups for parents or members of the LGBTQ community.

Meeting address: Vintage Senior Services; 421 North Highland Ave.

Pittsburgh, PA 15206

Warmline: 412-319-6113

Email: [info@pflagpgh.org](mailto:info@pflagpgh.org)

Parent Support: [parentsupport@pflagpgh.org](mailto:parentsupport@pflagpgh.org)

Persad Center (Lawrenceville): An LGBTQ organization that offers counseling, foster care, youth programs, substance use programs, transgender services, and HIV/AIDS resources.

5301 Butler Street, Suite 100, Pittsburgh, PA 15201

Phone: 412-441-9786

Email: [info@persadcenter.org](mailto:info@persadcenter.org)

Pittsburgh Equality Center (Shadyside): A CenterLink sponsored LGBTQ Community Center that provides LGBTQ individuals, families and supporters with resources.

5401 Centre Ave, Suite 103, Pittsburgh, PA 15232

Phone: 412-422-0144

Email: info@pghequalitycenter.org

Proud Haven (Northside): Provides a shelter for LGBTQ+ youth (18-25) experiencing homelessness in Pittsburgh/Allegheny County.

525 E. Ohio Street Pittsburgh, PA 15212

Phone: 412-346-1324

Email: admin@proudhaven.org

Services and Advocacy GLBT Elders (SAGE): National organization that provides advocacy and services for LGBT Elders (50+).

Free 24/7 SAGE Hotline: 877-360-5428

Western PA SAGE Chapter is based out of Persad Center – Persad OWLS (Older, Wider Leaders)

Phone: 412-441-9786

Email: jblatz@persadcenter.org

SisTers PGH (Downtown): Transgender centered drop-in space, resource provider, and shelter transitioning program.

Drop-In Space: 213 Smithfield Street, Suite 219, Pittsburgh, PA 15222

Phone: 412-297-0548

Email: info@sisterspgh.org

Trevor Project: National organization providing crisis intervention and suicide prevention services to LGBTQ young people ages 13-24 as well as education, resources, and trainings.

24/7 hotline: 1-866-488-7386

Confidential 24/7 text: text START to 678-678

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## MENTAL HEALTH

National Suicide Prevention Hotline: **988**

Free 24/7 National Crisis Text Line: **Text HOME to 741741**

Clarvida Family Behavioral Resources (Monroeville): Services include behavioral analysis, clinical therapy, school mental health, medication management, inpatient and outpatient services, autism services, and more. Numerous locations around Western PA

339 Old Haymaker Blvd., Suite 208, Monroeville, PA 15146

Monroeville Phone: 412-824-4005

Office of Behavioral Health - Department of Human Services (Downtown): Provides support for Allegheny County residents in need of mental health and or substance abuse services.

One Smithfield Street, Suite 300 Pittsburgh, PA 15222

24hr emergency service call: 412-350-4457

Medical Assistance Transportation Program - 412-350-5755

Email: OBHInformationRequest@alleghenycounty.us

Peer Support and Advocacy Network (Downtown): A nonprofit organization offering peer support to individuals with mental illness through a variety of programs

960 Penn Ave, Suite 1100, Pittsburgh, PA 15222

Peer Warmline: 1-866-661-9276

Warm and Friendly Calling Program: 412-894-2364

Certified Peer Specialist: 412-894-2359

Re:solve Crisis Network (Homewood): Don't wait for a problem to get out of control call resolve. services are available to all Allegheny County residents regardless of age, ability to pay, and/or whether you have previously used behavioral health services

Homewood Walk-in Crisis Center: 333 North Braddock Ave Pittsburgh, PA 15208

Free 24/7 Hotline: 1-888-796-8226

Devereux - Turtle Creek Valley Community Services (Braddock): Services include adult drug and alcohol services, behavioral health services, intellectual and developmental disability, child and adolescent programs and more

723 Braddock Avenue, Braddock, PA 15104

24/7 Phone: 412-351-0222

UPMC Western Behavioral Health (McKeesport): Formerly Mon Yough Community Services, provide resources for mental and behavioral health needs for adults and children.

500 Walnut Street, 3rd Floor, McKeesport, PA 15132

Phone: 412-675-6927

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## OLDER ADULT SERVICES

To report abuse or neglect (including self-neglect) call Older Adult Protective Services at local: **412-350-6905/1-800-344-4319** or the statewide: **1-800-490-8505**

Agency on Aging - Department of Human Services: Assists Allegheny County residents 60 years and older to live safe, healthy, and independent lives. Services include Health Insurance Counseling, Protection from Abuse/Neglect, Transportation, In-Home Support, Residential Long-Term Care options, Nursing Homes, Support for Caregivers, Care Management, Service Coordination, and more!

2100 Wharton Street, Second Floor, Pittsburgh, PA 15203

Office Phone: 412-350-4234

Alzheimer's Association: Services for individuals struggling with Alzheimer's as well as their families and caregivers.

2835 E Carson St, Suite 200 Pittsburgh PA 15203

Office Phone: 412-261-5040

24/7 Helpline: 800-272-3900

Jewish Association on Aging: Provides a comprehensive network of residential lifestyles, health services, and home care to honor and enhance the lives of older adults through quality care consistent with Jewish values and tradition.

200 JHF Drive Pittsburgh, PA 15217

24/7 Phone: 412-420-4000

Monroeville Senior Center: The center provides daily activities, services, and programs for adults 50 years of age and older.

6000 Gateway Campus Blvd Monroeville, PA 15146

Phone: 412-856-7825

Pittsburgh Senior News: Free monthly newspaper/online newspaper. Also publish Allegheny County Senior News, Allegheny County Senior Resource Guide, and more!

97 Beechmont Ave., Pittsburgh, PA 15229

Phone: 412-760-5914

Email: pghseniornews@icloud.com

SeniorLine Information and Assistance: The best way to receive Area Agency on Aging Services.

2100 Wharton St., 2<sup>nd</sup> Floor, Pittsburgh, PA 15203

Phone: 512-350-5460 or 1-800-344-4319 / TTY: 412-350-2727

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## UTILITIES

Brashear Association (Southside): Helps low-income households access utility assistance through the application process for LIHEAP, Crisis, CAP programs, Dollar Energy, and weatherization services.

Community Center: 320 Brownsville Road, Pittsburgh, PA 15210

Phone: 412-431-2236

Email: info@brashearassociation.org

Customer Assistance Program: Duquesne Light offers needed assistance to low-income, payment-troubled customers at or below 150% of the Federal poverty level and a demonstrated or expressed inability to pay their electric service bill.

Universal Services Phone: 1-888-393-7600

Holy Family Institute – Energy Assistance Program (Multiple locations): Partners with Duquesne Light to provide year-round energy assistance to local residents who qualify. Also assist with Customer Assistance and Referral Evaluation Services (CARES), Customer Assisted Program (CAP), Low Income Home Energy Assistance Program (LIHEAP), and Dollar Energy Fund.

Closest location: 1789 South Braddock Ave., Suite 585, Pittsburgh, PA 15218  
Phone: 412-244-8010

Internet Essentials Program: Xfinity Amnesty Program offers resources for low-income families to get home internet

Phone: 1-855-846-8376

Lifeline Program for Low-Income Consumers: Federal Communications Commission program that helps lower your monthly phone/internet bill.

Phone: 800-234-9473

Dial 1 = English / Dial 2 = Spanish

Email: LifelineSupport@usac.org

Low Income Home Energy Assistance Program (LIHEAP): Crisis application and supplemental benefits to help low-income families pay their heating bills.

Hotline: 1-866-857-7095

Hearing Impaired: 711

PA Homeowners Energy Efficiency Loan Program (HEELP): Offers loans between \$1,000 and \$10,000 for specific energy efficiency repairs at a fixed-rate of one percent (1%); (APR 1%) for ten years with no prepayment penalties.

PA Housing Finance Agency: 1-855-827-3466

Email: HOP\_Energy@phfa.org and specify "HEELP" in the subject line

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## VETERAN SERVICES

24/7 Free, Confidential, National Veterans Crisis Line: **988** or **Text 838255**

Monroeville VA Clinic: Provides eligible Veterans with integrated primary and mental health care, along with specialty and diagnostic services such as rehabilitation, optometry, imaging, lab, acupuncture, oncology, etc.

421 Mall Circle Dr, Monroeville, PA 15146

Phone: 866-482-7488

VA Health Connect: 855-679-0952

Pittsburgh VA Medical Center: 24/7 primary and specialty health care services.

Oakland/Hill Location - University Drive C Pittsburgh, PA 15240

Main phone: 866-482-7488

Mental health clinic: 412-360-6600

Veterans Benefits Administration - Pittsburgh Regional Office (Downtown): Provides financial and other forms of assistance to veterans and their dependents.

1000 Liberty Avenue, Pittsburgh, PA 15222

Phone: 800-827-1000

Veterans Breakfast Club: National nonprofit organization striving to create communities of listening around Veterans and their stories.

200 Magnolia Pl, Pittsburgh, PA 15228

Pittsburgh Chapter: 412-623-9029

Email: [betty@veteransbreakfast.org](mailto:betty@veteransbreakfast.org)

Veteran's Leadership Program of Western Pennsylvania (Strip District): Non-profit organization founded by Veterans. Provides housing assistance programs, supportive services, homeless prevention, veterans court, Social Security help, workforce development, and more.

2934 Smallman Street Pittsburgh, PA 15201

Phone: 1-844-857-8387

Email: [info@vlpwpa.org](mailto:info@vlpwpa.org)

Veterans Place of Washington Boulevard (Larimer/Homewood): Empower veterans' transition from homeless to home, ending the cycle of homelessness, and to assist at-risk veterans.

Resource center, food bank, transitional housing, employment services, female veteran program, and more.

945 Washington Boulevard Pittsburgh, PA 15206

Office Phone: 412-363-0500

Resource Center: 412-320-5566

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## VIOLENCE/ASSAULT SERVICES

National Domestic Violence 24-hour Hotline: **1-800-799-7233** (TTY: **1-800-787-3224**)

National Sexual Assault 24-hour hotline: **1-800-656-4673**

Center For Victims (Southside): Community based nonprofit and the largest, most comprehensive provider of services, advocacy, and education for victims of all crimes in PA. Services include a domestic violence shelter, counseling/therapy, community response team, jail notification, and more.

3433 East Carson St, Suite #300, Pittsburgh, PA 15203

24-Hour Crisis Hotline: 1-866-644-2882

Email: [information@centerforvictims.org](mailto:information@centerforvictims.org)

Hearth Homes - Transitional Housing Program: Provides safe affordable housing for women with children who are survivors of domestic violence, income-based rent payments.

Office Phone: 412-366-9801

Office of Victim Advocate (OVA): Pennsylvania's Victim Service that works with local victim service providers.

Toll-free: 800-563-6399 / TTY: 877-349-1064

Email: ra-ovainfo@pa.gov

Pennsylvania's Coalition to Advance Respect (PCAR): Works to eliminate all forms of sexual violence and to advocate for the rights and needs of victims.

Toll free hotline: 1-888-772-7227

General inquiries or assistance: 1-800-692-7445

Email: info@pcar-respecttogether.org

Pittsburgh's Action Against Rape (PAAR): PAAR's mission is to educate, advocate, and respond to end sexual violence. Therapy/case management, medical/legal advocacy, crisis counseling, education, and training.

81 South 19th St, Pittsburgh, PA 15203

24hr confidential helpline: 1-866-363-7273

Office Phone: 412-431-5665

Victims' Compensation Assistance Program (VCAP): A program to help offset the costs after experiencing a crime such as medical expenses, counseling, funeral costs, relocation, etc.

File a claim online: [www.dave.pa.gov](http://www.dave.pa.gov)

Phone: 1-800-233-2339

Women's Center and Shelter: Provide services and advocacy to those who have experienced domestic violence. Emergency shelter, legal/medical advocacy, support groups, children's program, and MENS support group.

24-hour hotline: 412-687-8005

Text: 412-744-8445